

BEAUTY, HOME & STYLE

Adopt a holistic organic lifestyle, from the kitchen and the bathroom to the garden, says Beth Wicks

SEA SPARKLE

An intricate starfish pendant, made in the UK by Fifi Bijoux using only ethically mined 9 carat gold. No cyanide, mercury, or arsenic. Comes with 16" chain.

(£130). 01258 837437 www.adill.com

SPECIAL OFFER: Adill have a free necklace for one lucky reader who writes/emails. Winner chosen on 24 Jan 2008.

Email: promotions@adill.com or write to: Adill Ltd, Blandford Hill, Milborne St Andrew, Blandford Forum, Dorset DT11 0HZ.

SPECIAL OFFER!

JUICY FASHION

Stand out from the crowd with this brightly coloured 'Doy' bag made by fairtrade workers in the Philippines from recycled juice packs or 'doypacks' (£15). Reuses waste products and provides long-term sustainable employment. 01243 574107 www.tuppennybarn.com



GROW YOUR OWN

Bypass the seed-sowing stage with organic vegetable or herb seedlings delivered to your door (from £42.99 for at least 16 established plants). Great value. 0845 456 7689 www.bynature.co.uk www.rocketgardens.co.uk



SWEET DREAMS

This charming organic cotton blanket is beautifully hand embroidered with images of animals, birds and flowers (£59.50). Made from pure organic cotton with a warm brushed organic cotton backing. It's ideal as a baby blanket, a cover for their cot or as a throw for their room. 0845 094 2598 www.lumadirect.com



NEW YEAR CLEAN

Give your home a thorough clean with Verdanté household wipes (£2.50). Made from a 100% organic cotton fabric they are both sustainable and biodegradable. Their naturally antibacterial formula combines an organic surfactant with natural citrus extracts to effectively remove a high proportion of household bacteria. 01278 428 200 www.verdanteorganic.co.uk



SOAPSUDS

Delight your nearest and dearest with this mixed soaps gift box (£20). Choose from a selection of handmade soaps made from organic olive, coconut and palm oils and beautifully decorated with handpicked wildflowers. 01249 730 100 www.quintessentially-english.co.uk



COOL GEL

This cooling gel mask is formulated with biodynamic Iris Germanica Root extract, quickly replenishing moisture, revitalising the skin and leaving it smooth and supple (£5.40). 0115 944 8222 www.weleda.co.uk



NUMBERS GAME

An eco-friendly sudoku game created using only recycled, recyclable or biodegradable materials (It's not 100% recycled as it seems EU regulations restrict the use of recycled plastic in games!) (£11.99). Complete your own sudoku puzzle and score points along the way or barter for your opponents' unused numbers and race to the finish. It's fast and fun, providing an extra twist to an increasingly popular game. www.diceoku.com

